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This unique guide to preparing Indian food using classic slow-cooker techniques features more than 50 recipes, beautifully illustrated with full-color photography throughout. These great recipes take advantage of the slow cooker's ability to keep food moist through its long cooking cycle, letting readers create dishes with far less oil and saturated fat than in traditional recipes.

The Indian Slow Cooker: 50 Healthy, Easy, Authentic ...

The slow cooker is ideal for beans and pulses which form a large part of the Indian diet. Vegetables such as eggplant and potatoes also come up trumps cooked this way. There is a good selection of chicken, lamb and beef

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dishes. The Pakistani 'Old Clothes' Beef Curry looks superb.

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Anupy Singla is the author of the bestselling titles The Indian Slow Cooker (Agate Surrey, 2010), Vegan Indian Cooking (Agate Surrey, 2012), and Indian for Everyone (Agate Surrey, 2014), all of which have been among the top-selling Indian cookbooks since their release. She is the founder and CEO of Indian As Apple Pie, a company that creates and sells custom spice blends as well as unique home ...

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Buy The Indian Slow Cooker: 50 Healthy, Easy, Authentic ...

Indian food is full of deep flavor thanks to abundant spices. By making Indian dishes in the slow cooker, everything from curries to korma are improved by the long process of simmering and infusing. Try one of these 10 Indian slow cooker recipes, for both vegetarians and meat-lovers alike, to see just what we mean.

10 Best Slow Cooker Indian Recipes | Allrecipes

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--Rebecca Baugniet, EAT Magazine, Anupy Singla's cookbook, "The Indian Slow Cooker: 50 Healthy, Easy, Authentic Recipes," is slim in appearance, a mere 136 pages. Yet the author has packed its pages with 50-plus recipes, lots of guidance and enough enthusiasm for slow cookers and Indian food that fans of either or both will be prompted to try ...

The Indian Slow Cooker : 50 Healthy, Easy, Authentic ...

The ultimate Indian takeout dish is an easy and inexpensive one to make at home in a slow cooker. It calls for \$3 of vegetables, \$1.50 of rice and seasonings, and \$4 of chicken. This is a complete ...

50 Slow-Cooker Family Recipes Under \$20

The Indian Slow Cooker: 50 Healthy, Easy, Authentic Recipes. by Anupy Singla. Format: Kindle Edition Change. Price: \$9.99. Write a review. See All

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A rich, warming vegetarian dish, slow-cooker dal makhaniis made with a combination of black lentils and kidney beans cooked in a little bit of ghee (clarified butter).

17 Slow-Cooker Indian Recipes That Are Easier Than Takeout

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The Indian Slow Cooker: 50 Healthy, Easy, Authentic ...

Goodbye, takeout menus. Goodbye, delivery fees. You can make your favorite classic Indian dishes at home, and it's so much easier than you think. Prep these meals in the morning, and toss them into your slow cooker. When dinner time rolls around, just prepare your favorite rice or naan—or both!

10 Classic Indian Dishes to Make in Your Slow Cooker ...

Get this from a library! The Indian slow cooker : 50 healthy, easy, authentic recipes. [Anupy Singla] -- "Over fifty recipes for preparing Indian food in the slow cooker"--Provided by publisher.

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10 Healthy Slow Cooker Recipes - Eat Healthy to Stay Healthy - PDF Devi Gajendran She is the chief advisor and full time contributor at the Fit Indian and has the final say on all the segments under the Fit Indian paradigm, such as beauty, fitness, home remedies, diseases, diet tips, weight loss, weight gain and so on.

10 Healthy American Slow Cooker Recipes and Their Benefits

Slow Cooker Indian Chicken Curry Sit back and let your slow cooker create a delicious curry. This Indian spiced chicken curry is not just an aromatic and flavorful dish, it's super easy to make.

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