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William Nathaniel Phillips is an American entrepreneur and author. He wrote Body for Life: 12 Weeks to Mental and Physical Strength with Mike D'Orso. He is also the author of Eating for Life, and is founder and former editor in chief of Muscle Media magazine and the former CEO of EAS, a performance nutritional supplement company. Other books Bill has authored are Anabolic Reference Guide, The Natural Supplement Review, and Transformation. Bill Phillips made a promotional movie called Body of Wor

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The word anabolic, referring to anabolism, comes from the Greek ἀναβολή anabole, "that which is thrown up, mound". Androgens or AAS are one of three types of sex hormone agonists, the others being estrogenslike estradioland progestogenslike progesterone.

Anabolic steroid - Wikipedia

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